

# MY Y STORY



We're looking for stories that show how the Y has made a positive impact on your life. Sharing your Y story has the power to unite and inspire. Stories may be featured on our website, on social media or in our building. Members that have their stories published will receive a Y t-shirt and water bottle.

NAME \_\_\_\_\_ Member Since \_\_\_\_\_

EMAIL \_\_\_\_\_ Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ Do you give permission for your story to be shared? \_\_\_\_\_

YMCA Staff Who Helped You in Your Journey \_\_\_\_\_

MY Y STORY:

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Continue on the back or on separate sheet of paper if necessary. Thank You!